Kingston Hill Academy Breakfast and Lunch Menu

November 2024

	L1 - Hot Meal	I generation of the second	Breakfast served w/milk	
	L2 -Sandwich on wheat roll or wrap w/fruit L3 - Salad Option w/wheat roll and fruit	and veg	Meals must be preorderd by the previous Tuesday	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAT	TOLOBAT	WEBNEODAT	monophi	11/1
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
				Muffin
				Tangerine
	LUNCH	LUNCH	LUNCH	LUNCH
	EGINEIT	EGINEIT	Loiven	
				Mac & Trees Peas & Carrots
				Pear
				1% Milk carton
				1 /8 1011
	1			SANDWICH:Tuna salad
				SALAD:Chef
11/4	11/5	11/6	11/7	11/8
BREAKFAST	11/5	BREAKFAST	BREAKFAST	BREAKFAST
				1
Cereal Applesauce, juice		Bagel Juice, Applesauce	Cereal Banana	Muffin Orange
Applesauce, juice		LUNCH	LUNCH	LUNCH
Chicken Lo Mein	T	Dino Nuggets	Sloppy Joe Sliders	Glazed chicken Breast
Carrot Slims w/dip	NO SCHOOL	Corn	Roasted Potatoes	Wheat Roll
Cartor Siiriis W/ulp	Election Day	Apple	Diced Peaches	Cut Green Beans
Apple	Election Day	Wheat roll	1% Milk carton	Tangerine
1% Milk carton		1% Milk carton		1% Milk carton
170 Wilk Carton				
ANDWICH:Chicken salad		SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad
ALAD: Caprese	1	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
11/11	11/12	11/13	11/14	11/15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cereal	Bagel	Cereal	Muffin
	Applesauce	Orange Juice or Applesauce	Banana	Apple
LUNCH 1	LUNCH	LUNCH	LUNCH	LUNCH
	Dino Nuggets	Chicken patty sandwich w/wheat roll	Beef Barbacoa Taco	Red pizza w/Cheese
NO SCHOOL	Broccoli w dip	Corn	Red beans and rice	Salad w/spring mix
Veteran's Day	Apple	Pear	Pineapple tidbits	Orange
	1% Milk carton	1% Milk carton	1% Milk carton	1% Milk carton
		Ketchup		
	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
11/18	SALAD:Southwest 11/19	SALAD:Greek 11/20	SALAD:Garden w/citrus chicken 11/21	SALAD:Chef 11/22
BREAKFAST	SALAD:Southwest 11/19 BREAKFAST	SALAD:Greek 11/20 BREAKFAST	SALAD:Garden w/citrus chicken 11/21 BREAKFAST	SALAD:Chef 11/22 BREAKFAST
BREAKFAST Cereal	SALAD:Southwest 11/19 BREAKFAST Cereal	SALAD:Greek 11/20 BREAKFAST Bagel	SALAD:Garden w/citrus chicken 11/21 BREAKFAST Cereal	SALAD:Chef 11/22 BREAKFAST Muffin
BREAKFAST Cereal Juice, Applesauce	SALAD:Southwest 11/19 BREAKFAST Cereal Orange	SALAD:Greek 11/20 BREAKFAST Bagel Juice	SALAD:Garden w/citrus chicken 11/21 BREAKFAST Cereal Banana	SALAD:Chef 11/22 BREAKFAST Muffin Tangerine
BREAKFAST Cereal Juice, Applesauce LUNCH	SALAD:Southwest 11/19 BREAKFAST Cereal Orange LUNCH	SALAD:Greek 11/20 BREAKFAST Bagel Juice LUNCH	SALAD:Garden w/citrus chicken 11/21 BREAKFAST Cereal Banana LUNCH	SALAD:Chef 11/22 BREAKFAST Muffin Tangerine LUNCH
BREAKFAST Cereal Juice, Applesauce LUNCH Chicken and cheese enchilada	SALAD:Southwest 11/19 BREAKFAST Cereal Orange LUNCH Carolina bbq pulled pork sandwich	SALAD:Greek 11/20 BREAKFAST Bagel Juice LUNCH Turkey Breakfst Sausage or	SALAD:Garden w/citrus chicken 11/21 BREAKFAST Cereal Banana LUNCH Rotini & Meatballs	SALAD:Chef 11/22 BREAKFAST Muffin Tangerine LUNCH Mac & Trees
BREAKFAST Cereal Juice, Applesauce LUNCH Chicken and cheese enchilada Salsa	SALAD:Southwest 11/19 BREAKFAST Cereal Orange LUNCH Carolina bbq pulled pork sandwich Wheat roll	SALAD:Greek 11/20 BREAKFAST Bagel Juice LUNCH Turkey Breakfst Sausage or Vegan Breakfast Sausage	SALAD:Garden w/citrus chicken 11/21 BREAKFAST Cereal Banana LUNCH Rotini & Meatballs Broccoli w dip	SALAD:Chef 11/22 BREAKFAST Muffin Tangerine LUNCH Mac & Trees Peas & Carrots
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