

**Kingston Hill Academy
Breakfast and Lunch Menu
November 2024**

L1 - Hot Meal	Breakfast served w/milk
L2 - Sandwich on wheat roll or wrap w/fruit and veg	Meals must be preordered
L3 - Salad Option w/wheat roll and fruit	by the previous Tuesday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				11/1
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
				Muffin Tangerine
	LUNCH	LUNCH	LUNCH	LUNCH
				Mac & Trees Peas & Carrots Pear 1% Milk carton
				SANDWICH:Tuna salad
				SALAD:Chef
11/4	11/5	11/6	11/7	11/8
BREAKFAST		BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice		Bagel Juice, Applesauce	Cereal Banana	Muffin Orange
LUNCH		LUNCH	LUNCH	LUNCH
Chicken Lo Mein Carrot Slims w/dip Apple 1% Milk carton	NO SCHOOL Election Day	Dino Nuggets Corn Apple Wheat roll 1% Milk carton	Sloppy Joe Sliders Roasted Potatoes Diced Peaches 1% Milk carton	Glazed chicken Breast Wheat Roll Cut Green Beans Tangerine 1% Milk carton
SANDWICH:Chicken salad		SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad
SALAD: Caprese		SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
11/11	11/12	11/13	11/14	11/15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cereal Applesauce	Bagel Orange Juice or Applesauce	Cereal Banana	Muffin Apple
LUNCH 1	LUNCH	LUNCH	LUNCH	LUNCH
NO SCHOOL Veteran's Day	Dino Nuggets Broccoli w dip Apple 1% Milk carton	Chicken patty sandwich w/wheat roll Corn Pear 1% Milk carton Ketchup	Beef Barbacoa Taco Red beans and rice Pineapple tidbits 1% Milk carton	Red pizza w/Cheese Salad w/spring mix Orange 1% Milk carton
	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
11/18	11/19	11/20	11/21	11/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Juice, Applesauce	Cereal Orange	Bagel Juice	Cereal Banana	Muffin Tangerine
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken and cheese enchilada Salsa Carrot Slims w/dip Apple 1%Milk carton	Carolina bbq pulled pork sandwich Wheat roll Green Bell Peppers w/dip Banana 1% Milk carton	Turkey Breakfast Sausage or Vegan Breakfast Sausage French Toast Sticks Roasted Potatos Ketchup 1% Milk carton	Rotini & Meatballs Broccoli w dip Applesauce 1% Milk carton	Mac & Trees Peas & Carrots Pear 1% Milk carton
SANDWICH:Chicken salad	SANDWICH:Turkey and Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
SALAD:Caprese	SALAD:Southwest	SALAD:Greek	SALAD: Garden w/citrus chicken	SALAD: Chef
11/25	11/26	11/27	11/28	11/29
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Juice, Applesauce	Cereal Orange			
LUNCH	LUNCH	LUNCH	LUNCH	
Chicken Lo Mein Carrot Slims w/dip Apple 1% Milk carton	Meatball Grinder Sliced Red Bell Peppers w/dip Banana 1% Milk carton			
		NO SCHOOL THANKSGIVING BREAK		
SANDWICH:Chicken salad	SANDWICH: Turkey & Swiss			
SALAD: Caprese	SALAD: Southwest			