

Kingston Hill Academy
Breakfast and Lunch Menu
December 2024

L1 - Hot Meal	Breakfast served w/milk
L2 - Sandwich on wheat roll or wrap w/fruit and veg	Meals must be preordered
L3 - Salad Option w/wheat roll and fruit	by the previous Tuesday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/2	12/3	12/4	12/5	12/6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice	Bagel Orange	Cereal Applesauce, juice	Muffin Banana	Cereal Apple
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheeseburger w/wheat roll Roasted Potatoes Carrot Slims w/dip Apple 1% Milk carton Ketchup	Dino Nuggets Broccoli w dip Banana 1% Milk carton	Chicken patty sandwich w/wheat roll Corn Pear 1% Milk carton Ketchup	Beef Barbacoa Taco Red beans and rice Pineapple tidbits 1% Milk carton	Red pizza w/Cheese Salad w/spring mix Orange 1% Milk carton
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD:Southwest	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
12/9	12/10	12/11	12/12	12/13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice	Bagel Apple	Cereal Applesauce, juice	Muffin Banana	Cereal Tangerine
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Pot Pie w/buttermilk biscuit Carrot Slims w/dip Apple 1% Milk carton	Carolina bbq pulled pork sandwich Wheat roll Green Bell Peppers w/dip Banana 1% Milk carton	Choose :Turkey breakfast sausage OR Vegan breakfast sausage French toast sticks/syrup Roasted Potatoes Tangerine 1% Milk carton	American Chop Suey Steamed broccoli & cauliflower Applesauce 1% Milk carton	Mac & Trees Sliced bell peppers w/dip Pear 1% Milk carton
SANDWICH:Chicken salad	SANDWICH: Turkey & Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD: Southwest	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
12/16	12/17	12/18	12/19	12/20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice	Bagel Tangerine	Cereal Applesauce, juice	Muffin Banana	Cereal Orange
LUNCH 1	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Lo Mein Carrot Slims w/dip Apple 1% Milk carton	Meatball Grinder Sliced Red Bell Pepper w/dip Banana 1% Milk carton	Dino Chicken Nuggets w/wheat roll Corn Apple 1% Milk carton Ketchup	Sloppy Joe Sliders Fresh Broccoli w/dip Diced Peaches 1% Milk carton	Glazed Chicken Breast Cucumber slices w/dip Tangerine 1% Milk carton
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
12/23	12/24	12/25	12/26	12/27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
No School	No School	No School	No School	No School