

Kingston Hill Academy
Breakfast and Lunch Menu
January 2025

L1 - Hot Meal	Breakfast served w/milk
L2 - Sandwich on wheat roll or wrap w/fruit and veg	Meals must be preordered
L3 - Salad Option w/wheat roll and fruit	by the previous Tuesday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/1	1/2	1/3
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
			Cereal Banana	Muffin Tangerine
	LUNCH	LUNCH	LUNCH	LUNCH
		New Year's Day No School	American Chop Suey Carrot Slims w/dip Applesauce 1% Milk carton	Dino Chicken Nuggets Wheat Roll Fresh Broccoli w/dip Pear 1% Milk carton
			SANDWICH:Ham and Cheese	SANDWICH:Tuna salad on wheat roll
			SALAD:Garden w/citrus chicken	SALAD:Chef
1/6	1/7	1/8	1/9	1/10
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice	Bagel Juice, Apple	Cereal Applesauce, juice	Muffin Banana	Cereal Tangerine
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Lo Mein Carrot Slims w/dip Apple 1% Milk carton	Hamburger on Wheat Roll Roasted Potatoes Banana 1% Milk Carton	Glazed chicken Breast Wheat Roll 5 Way Vegetable Blend w/ Carrots,Peas,Corn,Green & Lima Beans Pear 1% Milk carton	Sloppy Joe Sliders Corn Diced Peaches 1% Milk carton	Mac & Cheese Fresh Broccoli w/dip Orange 1% Milk carton
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD:Southwest	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
1/13	1/14	1/15	1/16	1/17
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Applesauce, juice	Bagel Tangerine	Cereal Orange Juice or Applesauce	Muffin Banana	Cereal Apple
LUNCH 1	LUNCH	LUNCH	LUNCH	LUNCH
Dino Chicken Nuggets Wheat Roll Cherry Tomatoes w/dip Apple 1% Milk carton	Meatball Grinder Broccoli w dip Banana 1% Milk carton	Chicken patty sandwich w/wheat roll Carrot Slims w/dip Pear 1% Milk carton	Beef Barbacoa Nachos beans and rice Pineapple tidbits 1% Milk carton	Red pizza w/Cheese Salad w/spring mix Orange 1% Milk carton
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
1/20	1/21	1/22	1/23	1/24
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Bagel Tangerine	Cereal Juice Applesauce	Muffin Banana	Cereal Tangerine
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
NO SCHOOL Martin Luther King Jr., Day	Carolina bbq pulled pork sandwich Creamy Cold Slaw Banana 1% Milk carton	Turkey Breakfast Sausage or Vegan Breakfast Sausage French Toast Sticks Roasted Potatoes Pear 1% Milk carton	American Chop Suey Mystery Veg w dip Applesauce 1% Milk carton	Dino Chicken Nuggets Wheat Roll 5 Way Vegetable Blend w/ Carrots,Peas,Corn,Green & Lima Beans Orange 1% Milk carton
	SANDWICH:Turkey and Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
	SALAD:Southwest	SALAD:Greek	SALAD: Garden w/citrus chicken	SALAD: Chef
1/27	1/28	1/29	1/30	1/31
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Juice, Applesauce	Bagel Apple	Cereal Juice Applesauce	Muffin Banana	Cereal Tangerine
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Lo Mein Carrot Slims w/dip Apple 1% Milk carton	Hamburger on Wheat Roll Roasted Potatoes Banana 1% Milk Carton	Glazed chicken Breast Wheat Roll 5 Way Vegetable Blend w/ Carrots,Peas,Corn,Green & Lima Beans Pear 1% Milk carton	Sloppy Joe Sliders Corn Diced Peaches 1% Milk carton	Mac & Cheese Fresh Broccoli w/dip Orange 1% Milk carton
SANDWICH:Chicken salad	SANDWICH: Turkey & Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
SALAD: Caprese	SALAD: Southwest	SALAD:Greek	SALAD: Garden w/citrus chicken	SALAD: Chef