

Kingston Hill Academy
Breakfast and Lunch Menu
May 2025

		L1 - Hot Meal		Breakfast served w/milk	
		L2 - Sandwich on wheat roll or wrap w/fruit and veg		Meals must be preordered by the previous Tuesday	
		L3 - Salad Option w/wheat roll and fruit			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			5/1	5/2	
BREAKFAST		BREAKFAST		BREAKFAST	
			Cereal Banana	Muffin Apple	
LUNCH		LUNCH		LUNCH	
			Nachos w/Taco Beef & Cheese Lettuce & Tortilla Scoops Pinapple 1% Milk carton	Red pizza w/Cheese Salad w/spring mix Orange 1% Milk carton	
			SANDWICH:Ham and Cheese	SANDWICH:Tuna salad on wheat roll	
			SALAD:Garden w/citrus chicken	SALAD:Chef	
5/5	5/6	5/7	5/8	5/9	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal Applesauce, juice	Bagel Orange	Muffin Applesauce, juice	Cereal Banana	Muffin Orange	
LUNCH		LUNCH		LUNCH	
Chicken Pot Pie w/buttermilk biscuit Carrot Slims w/dip Apple 1% Milk carton	BBQ pulled pork sandwich Creamy Cold Slaw Banana 1% Milk carton	Turkey Breakfst Sausage or Vegan Breakfast Sausage French Toast Sticks Roasted Potatos Applesauce 1% Milk carton	American Chop Suey w/Beef, Tomato Sauce & Rotini Fresh Broccoli w/dip Diced Pears 1% Milk carton	Dino Chicken Nuggets Wheat Roll 5 Way Vegetable Blend w/ Carrots,Peas,Corn,Green & Lima Beans Orange 1% Milk carton	
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and Cheese	SANDWICH:Tuna salad	
SALAD: Caprese	SALAD:Southwest	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef	
5/12	5/13	5/14	5/15	5/16	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal Applesauce, juice	Bagel Orange	Muffin Applesauce, juice	Cereal Banana	Muffin Orange	
LUNCH 1		LUNCH		LUNCH	
Chicken Cacciatore w/ Tomato sauce & Ziti Apple 1% Milk carton	Hamburger on Wheat Roll Roasted Potatoes Banana 1% Milk Carton	Swedish Meatballs w/ Gravy & Rotini Fresh Broccoli w/dip Pinapple Tidbits 1% Milk carton	Sloppy Joe on wheat hot dog roll Corn Diced Peaches 1% Milk carton	Mac & Cheese Cut Green Beans Orange 1% Milk carton	
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad	
SALAD: Caprese	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef	
5/19	5/20	5/21	5/22	5/23	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal Applesauce, juice	Bagel Orange	Muffin Applesauce, juice	Cereal Banana	Muffin Orange	
LUNCH		LUNCH		LUNCH	
Dino Chicken Nuggets Wheat Roll Roasted Potatoes Apple 1% Milk carton	Meatball Grinder Broccoli w dip Banana 1% Milk carton	Chicken patty sandwich w/wheat roll Corn Diced Peaches 1% Milk carton	Nachos w/Taco Beef & Cheese Lettuce & Tortilla Scoops Pinapple 1% Milk carton	Red pizza w/Cheese Salad w/spring mix Orange 1% Milk carton	
SANDWICH:Chicken salad	SANDWICH:Turkey and Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad	
SALAD: Caprese	SALAD:Southwest	SALAD:Greek	SALAD: Garden w/citrus chicken	SALAD: Chef	
5/26	5/27	5/28	5/29	5/30	
BREAKFAST		BREAKFAST		BREAKFAST	
	Bagel Orange	Muffin Applesauce, juice	Cereal Banana	Muffin Orange	
LUNCH		LUNCH		LUNCH	
No School Memorial Day	BBQ pulled pork sandwich Creamy Cold Slaw Banana 1% Milk carton	Turkey Breakfst Sausage or Vegan Breakfast Sausage French Toast Sticks Roasted Potatos Applesauce 1% Milk carton	American Chop Suey w/Beef, Tomato Sauce & Rotini Fresh Broccoli w/dip Diced Pears 1% Milk carton	Dino Chicken Nuggets Wheat Roll 5 Way Vegetable Blend w/ Carrots,Peas,Corn,Green & Lima Beans Orange 1% Milk carton	
	SANDWICH: Turkey & Swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad	
	SALAD: Southwest	SALAD:Greek	SALAD: Garden w/citrus chicken	SALAD: Chef	