Kingston Hill Academy Breakfast and Lunch Menu

May 2025

	L1 - Hot Meal		Breakfast served w/milk	
	L2 -Sandwich on wheat roll or wrap w/fru	it and veg	Meals must be preorderd	
	L3 - Salad Option w/wheat roll and fruit		by the previous Tuesday	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1	5/2
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	BREAKI AST	BICEARI AST	-	-
			Cereal	Muffin
			Banana	Apple
	LUNCH	LUNCH	LUNCH	LUNCH
	Lonton	Eonon		
			Nachos w/Taco Beef & Cheese	Red pizza w/Cheese
			Lettuce & Tortilla Scoops	Salad w/spring mix
			Pinapple	Orange
			1% Milk carton	1% Milk carton
			176 Wilk Carton	170 Wink Carton
			SANDWICH:Ham and Cheese	SANDWICH:Tuna salad on wheat roll
			SANDWICH.Hall and Cheese	
			SALAD:Garden w/citrus chicken	SALAD:Chef
5/5	5/6	5/7	5/8	5/9
BREAKFAST	•	BREAKFAST	BREAKFAST	BREAKFAST
		1		
Cereal	Bagel	Muffin	Cereal	Muffin
Applesauce, juice	Orange	Applesauce, juice	Banana	Orange
LUNCH		LUNCH	LUNCH	LUNCH
Chicken Pot Pie w/buttermilk biscuit	BBQ pulled pork sandwich	Turkey Breakfst Sausage or	American Chop Suey	Dino Chicken Nuggets
Carrot Slims w/dip	Creamy Cold Slaw	Vegan Breakfast Sausage	w/Beef, Tomato Sauce & Rotini	Wheat Roll
Apple	Banana	French Toast Sticks	Fresh Broccoli w/dip	5 Way Vegetable Blend w/
1% Milk carton	1% Milk carton	Roasted Potatos	Diced Pears	Carrots, Peas, Corn, Green & Lima Bear
		Applesauce	1% Milk carton	Orange
		1% Milk carton		1% Milk carton
SANDWICH:Chicken salad			SANDWICH:Ham and Cheese	
	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap		SANDWICH:Tuna salad
SALAD: Caprese	SALAD:Southwest	SALAD: Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
5/12	5/13	5/14	5/15	5/16
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
-			-	
Cereal	Bagel	Muffin	Cereal	Muffin
Applesauce, juice	Orange	Applesauce, juice	Banana	Orange
LUNCH 1	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Cacciatore w/	Hamburger on Wheat Roll	Swedish Meatballs w/	Sloppy Joe on wheat hot dog roll	Mac & Cheese
Tomato sauce & Ziti	Roasted Potatoes	Gravy & Rotini	Corn	Cut Green Beans
Apple	Banana	Fresh Brocolli w/dip	Diced Peaches	Orange
1% Milk carton	1% Milk Carton	Pinapple Tidbits	1% Milk carton	1% Milk carton
		1% Milk carton		
SANDWICH:Chicken salad	SANDWICH :Turkey and swiss	SANDWICH:Chicken caesar wrap	SANDWICH:Ham and cheese	SANDWICH:Tuna salad
	SANDWICH . Turkey and Swiss	SANDWIGH.Chicken caesar wiap		SANDWICH, Tulia Salau
SALAD: Caprese				
	SALAD:Southwest	SALAD:Greek	SALAD:Garden w/citrus chicken	SALAD:Chef
5/19	SALAD:Southwest 5/20	SALAD:Greek 5/21	SALAD:Garden w/citrus chicken 5/22	SALAD:Chef 5/23
5/19 BREAKFAST				
BREAKFAST	5/20 BREAKFAST	5/21 BREAKFAST	5/22 BREAKFAST	5/23 BREAKFAST
BREAKFAST Cereal	5/20 BREAKFAST Bagel	5/21 BREAKFAST Muffin	5/22 BREAKFAST Cereal	5/23 BREAKFAST Muffin
BREAKFAST Cereal Applesauce, juice	5/20 BREAKFAST Bagel Orange	5/21 BREAKFAST Muffin Applesauce, juice	5/22 BREAKFAST Cereal Banana	5/23 BREAKFAST Muffin Orange
BREAKFAST Cereal	5/20 BREAKFAST Bagel	5/21 BREAKFAST Muffin	5/22 BREAKFAST Cereal	5/23 BREAKFAST Muffin
BREAKFAST Cereal Applesauce, juice	5/20 BREAKFAST Bagel Orange	5/21 BREAKFAST Muffin Applesauce, juice	5/22 BREAKFAST Cereal Banana	5/23 BREAKFAST Muffin Orange
BREAKFAST Cereal Applesauce, juice LUNCH Dino Chicken Nuggets	5/20 BREAKFAST Bagel Orange LUNCH Meatball Grinder	5/21 BREAKFAST Muffin Applesauce, juice LUNCH Chicken patty sandwich w/wheat roll	5/22 BREAKFAST Cereal Banana LUNCH	5/23 BREAKFAST Muffin Orange LUNCH Red pizza w/Cheese
BREAKFAST Cereal Applesauce, juice LUNCH Dino Chicken Nuggets Wheat Roll	5/20 BREAKFAST Bagel Orange LUNCH Meatball Grinder Broccoli w dip	5/21 BREAKFAST Muffin Applesauce, juice LUNCH Chicken patty sandwich w/wheat roll Corn	5/22 BREAKFAST Cereal Banana LUNCH Nachos w/Taco Beef & Cheese Lettuce & Tortilla Scoops	5/23 BREAKFAST Muffin Orange LUNCH Red pizza w/Cheese Salad w/spring mix
BREAKFAST Cereal Applesauce, juice LUNCH Dino Chicken Nuggets Wheat Roll Roasted Potatoes	5/20 BREAKFAST Bagel Orange LUNCH Meatball Grinder Broccoli w dip Banana	5/21 BREAKFAST Muffin Applesauce, juice LUNCH Chicken patty sandwich w/wheat roll Corn Diced Peaches	5/22 BREAKFAST Cereal Banana LUNCH Nachos w/Taco Beef & Cheese Lettuce & Tortilla Scoops Pinapple	5/23 BREAKFAST Muffin Orange LUNCH Red pizza w/Cheese Salad w/spring mix Orange
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