

Kingston Hill Academy
Breakfast and Lunch Menu
Dec. 2025

		L1 - Hot Meal L2 - Sandwich on wheat roll or wrap w/fruit and veg L3 - Salad Option w/wheat roll and fruit		Breakfast served w/milk Meals must be preordered by the previous Tuesday	
MONDAY		TUESDAY		WEDNESDAY	THURSDAY
12/1	12/2	12/3	12/4	12/5	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal		Muffin		Cereal	
Applesauce		Orange		Banana	
LUNCH		LUNCH		LUNCH	
Spanish Chicken & Rice Mixed Vegetables Apple 1% Milk carton		Chicken Lo Mein Cucumber Slices w/Dip Banana 1% Milk carton		French Toast Sticks Turkey or Vegan Sausage Roasted Potatoes 1% Milk carton Ketchup & Syrup Packets Apple	
SANDWICH: Chicken Salad		SANDWICH: Turkey and Cheese		SANDWICH: Chicken Caesar Wrap	
SALAD: Caprese		SALAD: Garden		SALAD: Chicken Caesar	
12/8	12/9	12/10	12/11	12/12	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal		Muffin		Bagel	
Applesauce		Orange		Banana	
LUNCH		LUNCH		LUNCH	
Popcorn Chicken Parm Pasta Roasted Potatoes Ketchup Packet Apple 1% Milk carton		Beef & Bean Chili Tortilla Scoops Cucumber Slices w/Dip Banana 1% Milk carton		Meatballs & Pasta Carrot Slims & Dip Apple 1% Milk carton	
SANDWICH: Chicken Salad w/Carrots		SANDWICH: Turkey & Cheese		SANDWICH: Veggie Caprese w/carrots	
SALAD: Caprese		SALAD: Garden		SALAD: Chicken Caesar	
12/15	12/16	12/17	12/18	12/19	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal		Muffin		Bagel	
Applesauce		Orange		Banana	
LUNCH 1		LUNCH		LUNCH	
American Chop Suey Carrot Slims w/Dip Apple 1% Milk carton		Chicken Pot Pie w/Biscuit w/ Tortilla Scoops Banana 1% Milk carton		Meatball Grinder Carrot Slims & Dip Apple 1% Milk carton	
SANDWICH: Chicken Salad		SANDWICH: Turkey & Cheese		SANDWICH: Veggie Hummas Wrap	
SALAD: Caprese		SALAD: Garden		SALAD: Chicken Caesar	
12/22	12/23	12/24	12/25	12/26	
BREAKFAST		BREAKFAST		BREAKFAST	
Cereal		Muffin			
Applesauce		Apple			
LUNCH		LUNCH		LUNCH	
Beef & Bean Chili Tortilla Scoops Carrot Slims w/Dip 1% Milk carton		Chicken Fajita Mac & Cheese Cucumber Slices w/Dip Banana 1% Milk carton		No School	
SANDWICH: Chicken Salad		SANDWICH: Turkey & Cheese		Christmas	
SALAD: Caprese		SALAD: Garden		No School	